

# Porcelain Veneers

## WHICH SMILE WOULD YOU PREFER?

### BEFORE



### AFTER



## WHAT ARE THEY?

Porcelain veneers are very thin shells of tooth coloured porcelain that are used to improve the appearance of stained, chipped or crooked teeth especially in front teeth. They are bonded to teeth in a procedure similar to attaching a false nail to a finger.

They are highly aesthetic and conserve sound tooth structure.

## PROCEDURE

A very thin layer of enamel is removed from the front of the teeth to make room for the veneers. An impression is taken of the teeth and the colour and shape of final veneers decided. A temporary covering over the teeth may be made while the veneers are being made at the laboratory. On the final visit, the new veneers are placed with a special plastic resin applied to the inner surface of each veneer and set rock hard onto the teeth by use of a special blue light. Any excess resin is removed and the margins of each veneer carefully polished.

These restorations are placed with the finest materials and techniques available today. You should be aware of the following things about porcelain veneers because, as with a fine automobile or watch, only your continuing care and concern can assure optimum service longevity.

**Chewing:** As with natural teeth, avoid chewing excessively hard foods on the veneered teeth (hard candy, ice, bones, etc.) because under extreme forces, the porcelain material can be broken from the teeth.

**Recalls:** Visit us for examinations and check-ups at your regular six-month examination periods or during recommended recall visits. Often problems that are developing with the veneers can be found at an early stage and repaired easily, whereas waiting for a longer time may require redoing the entire restoration.

**Preventative Procedures:** To provide optimum longevity for your restorations, and to prevent future dental decay or supporting tissue breakdown, please use one of the following preventive procedures.

- \_\_\_\_\_ Brush with a toothpaste containing fluoride and floss after eating and before bedtime.
- \_\_\_\_\_ With a fluoride rinse, swish vigorously for at least 30 seconds - ideally immediately before bedtime.

**The Future:** We expect that you will receive **several years** of service from these veneers; however, certain situations occasionally occur that necessitate restoration replacement. Extreme force or trauma can break porcelain veneers just as it can break natural teeth. Use care in sports or other potentially traumatic situations. Do not bite extremely hard objects with a single tooth. Call us if you notice any changes or have any questions about your veneers.



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